

**The 7th Grade Overnight Trip**  
**Camp Hayden-Marks**  
**May 15-17, 2023**

## **Packing List**

**Please note:**

**We will be outdoors for almost the entire trip, rain or shine, doing various activities that are likely to result in getting your clothes dirty to some degree. Please do not wear clothes or shoes that cannot get dirty and / or wet.**

### **What to Bring**

- \_\_\_\_\_ Warm sleeping bag
- \_\_\_\_\_ Pillow
- \_\_\_\_\_ Single fitted sheet (optional)
- \_\_\_\_\_ Towel
- \_\_\_\_\_ Water bottle (water should be carried at all times and refilled throughout the day)
- \_\_\_\_\_ At least **three** changes of clothing for all weather types (note that it gets colder at night)
- \_\_\_\_\_ \*\*\*At least one pair of LIGHT COLORED long pants
- \_\_\_\_\_ \*\*\* Long socks (that can wrap over the bottom of your pants)
- \_\_\_\_\_ A warm sweatshirt or sweater
- \_\_\_\_\_ Extra pairs of socks (for when your feet get wet)
- \_\_\_\_\_ Rain gear (We will be outside in all weather conditions.)
- \_\_\_\_\_ **Two** pairs of shoes or boots (one for staying dry, another to get wet)
- \_\_\_\_\_ Shower shoes (ex: flip flops)
- \_\_\_\_\_ Personal toiletries
- \_\_\_\_\_ Portable flashlight (headlamps work well)
- \_\_\_\_\_ Blindfold (a bandana works great)
- \_\_\_\_\_ Sunscreen
- \_\_\_\_\_ Bug Repellent

### **What Not to Bring**

- Any electronics (video game systems, Apple watches, etc., etc., etc.)
- Anything that cannot get wet or dirty

## **Cell Phone Policy**

STUDENTS ARE ENCOURAGED TO NOT BRING CELL PHONES.

This trip is a time to engage with peers and adults in a natural surrounding, away from the interruptions and distractions that cell phones and other electronic devices may bring.

In the event of an emergency, the emergency contact mobile number is (917) 674-6480 which will get you in touch directly with an ICE teacher. The phone number for Camp Hayden-Marks / Sharpe Reservation is 845-897-4320.

If a student and their family decide to bring a phone, student cell phones must be turned off during the day and left in unlocked and unattended cabins during daytime activities. Since there is no area to safely store cell phones, we are not responsible for the security of these items. Students will need permission from an ICE teacher to use their phone only to make a quick phone call home in the mornings or evenings. In the event that a student without their phone needs to contact home, they may borrow a cell phone from an ICE teacher in the mornings or evenings.

### **\*\*\* Meeting time for departure \*\*\***

We will leave from ICE: 7:30 am on Monday, May 15.

We will return to ICE by approximately 3:00 pm on Wednesday, May 17.